

Let's do it! Democracy needs inclusion

Inclusive training course to become a trainer in youth work

This inclusive training course is designed for people who want to become active in non-formal and political education.

Up to now, political education in Germany has been strongly shaped by representatives of the so-called majority society.

It is rare that people with disabilities, with migration and refugee biographies or without studies lead youth and educational programmes.

We want to contribute to making education more diverse, inclusive and participatory.

That's why we need you!

Through our project "Let's do it! Democracy needs inclusion" we want to reach out to different people. Inclusive and diversity-sensitive education needs the perspectives of many. Therefore, different representatives of society must participate in designing it and be involved in all decision-making processes.

Who is the target group for the training course?

- The training course is open to people of different ages who like to work with young people and want to be active in non-formal youth work.
- Everyone is welcome!
- We want to make it possible for people with a diverse range of backgrounds to participate. We want to encourage people with any needs or kinds of barriers, impairments or disadvantages to apply, participate in the training and actively shape inclusive youth work.
- After your registration we will send you a questionnaire and ask you to communicate your inclusion needs. **The organising team will work with you to make the programme as inclusive and accessible as possible.**

Beforehand:

- Our facilities and accommodation are largely barrier-free.
 - Different catering preferences can be accommodated.
 - The seminar languages are German and English in order to be able to include people whose mother tongue is not German.
 - We will try to take into account all inclusion needs in consultation with you.
Please let us know anything that is important so that you can feel comfortable and involved in the seminars.
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Contents of the training "Let's do it! Democracy needs inclusion"

Two online meetings and four face-to-face seminars will be offered until June 2023. The different modules build on each other. If you wish, you can participate in individual modules or skip modules. However, we would be happy if you could take part in all the modules. That is why most of them will take place on weekends.

During and after the training, participants will have the opportunity to shadow and participate in national and international educational programmes of the partner network.

In this way, you can gain practical experience.

After completing the training, certified trainers will have the opportunity to work in national and international educational projects as part of the project team and to actively participate in shaping them. Of course, this form of cooperation in project teams is paid accordingly.

Module overview and dates

Module 1: Introduction to non-formal education

Date: 22nd and 24th of November 2022; 5:30 pm - 7:30 pm

Venue: online

Contents:

- Getting to know each other and exchange between participants and the facilitators
- Getting to know the project "Let's do it! Democracy needs inclusion"
- Introduction to the aims and contents of non-formal intercultural/political education
- Getting to know different educational approaches and insight into methodology

Module 2 - Introduction to inclusive and diversity-sensitive education

Date: 5th and 6th December 2022; 5.30 p.m. - 7.30 p.m.

Venue: online

Contents:

- Introduction to inclusive youth work
- Dimensions of diversity-sensitive youth work
- Examination of personal attitudes
- Framework conditions of inclusive youth work

Module 3: Shaping inclusive learning spaces

Date: 27th – 29th of January 2023

Venue: Schloß Trebnitz Bildungs- u. Begegnungszentrum e.V.

Contents:

- What are inclusive learning spaces?
- Approaches and methods for designing inclusive learning spaces
- Barriers, needs and requirements for inclusion
- Group dynamic processes in youth work
- Methods for promoting group dynamics

Module 4: Participation and Empowerment

Date: 10th – 12th of March 2023

Venue: Schloß Trebnitz Bildungs- u. Begegnungszentrum e.V.

Contents:

- How can participation be achieved in inclusive education?
- Models of participation
- Concept of empowerment
- Participatory spaces for exchange, transfer and consolidation of experiences

Module 5: Language and Communication

Date: 04th -7th of May 2023

Venue: most likely in Würzburg

Contents:

- Different cultural dimensions and concepts of interculturality
- Inclusive, sensitive, barrier-free communication
- Dimensions of language and communication in educational projects

Module 6: The role of trainers

Date: 08th – 11th June 2023

Venue: most likely in Berlin

Contents:

- Examination of personal ideas about the role of a team leader
- Collecting needs and inclusion requirements of team members
- Instruction and reflection on methodical units in teams
- Exchange with active team members of the network
- Reflection on the modules and project shadowing
- Outlook for cooperation with the participating organisations

The training aims at empowerment of all participants. Therefore, we would like to work together with you on the contents - in the form of a "living and flexible" programme (living

agenda). Your experiences, skills and possibilities are central and will have a significant influence on the content and design of the training modules.

Project shadowing

In order to gain additional practical experience in non-formal, political education, project shadowing opportunities in selected projects will also be offered. In order to complete the further training, a project shadowing is obligatory.

General information about the project

Requirements for participation

- To participate in the training, you should be interested in attending all the dates. We understand that this is not always possible, so it is an option to skip or select modules in consultation with us.
- Please let us know as soon as possible so that we can plan accordingly.
- You must have a current place of residence in Germany.
- You should speak German or English at a communicative level.
- It would be nice if you already have some experience in youth work or non-formal education (e.g. as a participant* or even in the project team). But apply even if you don't have that yet!

Costs

Participation is free of charge.

The project is funded by the Federal Programme "Live Democracy".

It is also financially supported by the Freya von Moltke Foundation and the Kreisau Initiative e. V. Accommodation, catering, travel costs and programme costs are covered by these grants.

Venue

The first two modules are online. After registration the link will be sent to you.

The other modules will take place at the venue of our project partner

[Schloß Trebnitz Bildungs- u. Begegnungszentrum e.V.](#) in Brandenburg.

Registration

Please use the [registration form](#) to register.

The contact person for all questions is Elzbieta Kosek from the Kreisau Initiative, who you can reach via [email](#). We can also arrange an appointment by phone.

Project partner

[Kreisau-Initiative e. V.](#) (Project coordination)

Contact: Elzbieta Kosek; [kosek\[at\]kreisau.de](mailto:kosek[at]kreisau.de)

[VIA Bayern e. V.](#)

Contact: Katrin Kuhla, [katrin.kuhla\[at\]via-bayern.de](mailto:katrin.kuhla[at]via-bayern.de)

[Schloss Trebnitz Bildungs- und Begegnungszentrum e. V.](#)

Contact: Katarzyna Boryczka, [boryczka\[@\]schloss-trebnitz.de](mailto:boryczka[@]schloss-trebnitz.de)

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Gefördert vom



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Demokratie *leben!*



FREYA VON MOLTKE
STIFTUNG

Für das Neue Kreisau