



“Learning with and from nature – Experiential education in ESD”

What:

German-Polish
methodological
training for
multipliers

For whom:

- multipliers/trainers from non-formal education
- teachers from general education and vocational and educational training ... from Poland and Germany

Where:

Kreisau / Krzyżowa (PL) , ca. 60 km from Breslau

When:

June 1–5, 2019



Core elements of this methodological training:

- How to use methods from the field of experiential education to foster sustainable development?
- How to make direct contact with nature an educational experience?
- How to bridge studying nature and the environment around us with human nature inside us?

During our methodological training, we will go outdoors to experience directly the natural environment around us, but also human nature inside us and society around us. Utilizing various senses, we will get in contact with surrounding trees, meadows, and animals, and will explore how these organisms and ecosystems live and function. Going outside may also mean passing own boundaries and reflecting on one's reactions. Thus, by studying nature experientially, we will explore both ecosystem linkages and human-nature relations. Nature will also be the starting point for an exchange about individual and societal values leading to (un)sustainable actions. As a group, we will try out various methods and reflect upon them – some are likely to be new, some well-known yet with a twist. Participants can also get the chance to facilitate methods themselves, preparing them to work with different target groups in the field of education for sustainable development (ESD) by using experiential education.

Is this the right training for me?

This training is suitable for you, if you would like to ...

- explore the potential of outdoor and experiential education for educational activities in the context of ESD, transformative education and degrowth education
- learn and reflect upon new methods, and possibly adjust them to the needs of your own work/volunteering
- deepen your understanding of outdoor and experiential education (e.g. ecology, social learning, creativity)
- reconsider your own role as multiplier and learning companion
- engage in fruitful peer-exchange with colleagues from the fields of both formal and non-formal education
- become part of a growing network of multipliers in the field in Germany and Poland

Practical details:

- **Costs:** The participation fee has a solidary structure: 60-100 EUR for participants living in Germany, 100-200 PLN for participants living in Poland (incl. accommodation, meals and program).
- **Language:** The main seminar language is English. If needed, translation from/to German and Polish can be provided.
- **Registration:** The registration form is available on www.kreisau.de. Registrations are open till May 19 and valid after confirmation by e-mail.

Further information:

This training is part of a modular training cycle "Courage to Change, Courage to Act" which offers a total of 10 thematic seminars. To support the implementation of potential actions inspired by the seminar, participants are invited to attend at least two training modules in the project timeframe (2018-2020).

Please find the full details about "Courage to Change, Courage to Act" online: www.kreisau.de

Contact: Elisabeth Kremer – kremer@kreisau.de

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Next training – September 7-11, 2019

Mental infrastructures and resources for the transition – How growth shapes our thoughts, feelings and actions

(in Kreisau, PL, ca. 60 km from Breslau)